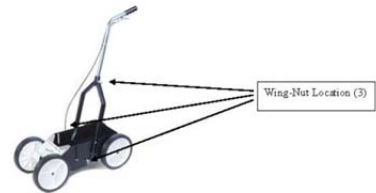


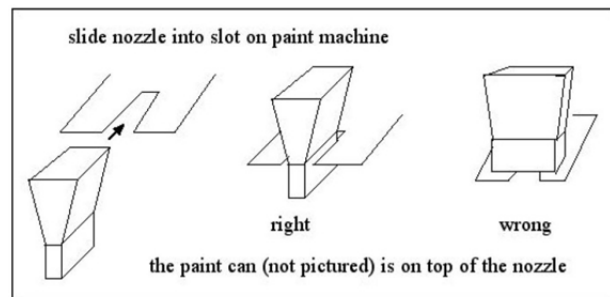
Aiea Region 118
U12 Field Lining Instructions

The Lining of the Field will take about 30 minutes to 45 minutes for one repainting, plan to do the goal lines first, that way if a team comes to setup the goal those lines are complete.

1. Paint equipment (assembly handle by tightening wing nuts). Check cable and lever is operational
2. Use 6 field white spray paint cans. Shake can vigorously till pearl is loose (about 2-3 minutes).



3. Put spray paint into nozzle holder slot. Note correct positioning (Wide Spray)
4. Field should be already been painted; you are just "darkening" the lines.
5. Walk in a slow steady pace, look up rather than down as you push the painter machine forward, do not over compensate. Apply steady pressure on the lever. Your walking speed determines how thick the paint is laid on. A can of paint should last about 50 to 70 yards. You'll also notice the sound change and clouds of white vapor when your can is almost empty.



6. Slightly lifting the machine off of the rear wheels makes it much easier to paint the tight curves in the corner arcs and for following the center circle and penalty arcs lines.
7. Having the sun at your back will give you a clearer view of the old lines.
8. Don't worry about using too much paint. Better too much than too little! But don't spend extra paint on dirt. It will scatter with the sand when the kids run over it.
9. If you do make an error in painting that you want to correct, the bottom of your shoe makes a wonderful eraser while the paint is still fresh!
10. Do not forget to repaint:
 - a. corner arcs,
 - b. mid-circle
 - c. mid-point on center line
 - d. penalty mark
11. Use center arrow guide, rather than right side or left side wheel.
12. Remove nozzle. Empty spray cans to be disposed of directly into trash cans.
13. Clean-up machine and pick up rubbish on the field

Why Repainting?

The watering, sunshine and use of the field wear down the lines on the soccer fields, but it's mostly the grass growing and the mowers cutting off the painted tips of the blades of grass that makes the lines disappear. If even one week is skipped, the lines may almost have disappeared by the second week, and laying out a new field will take a team of six at least an hour, probably longer.